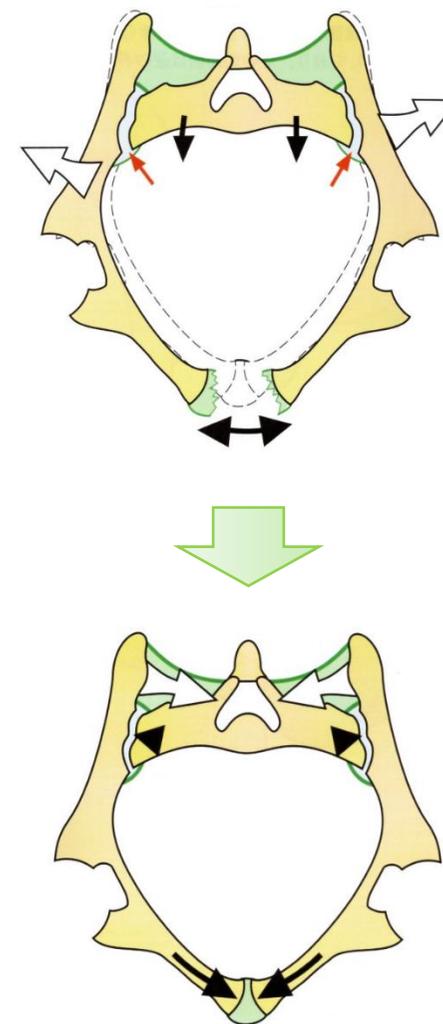
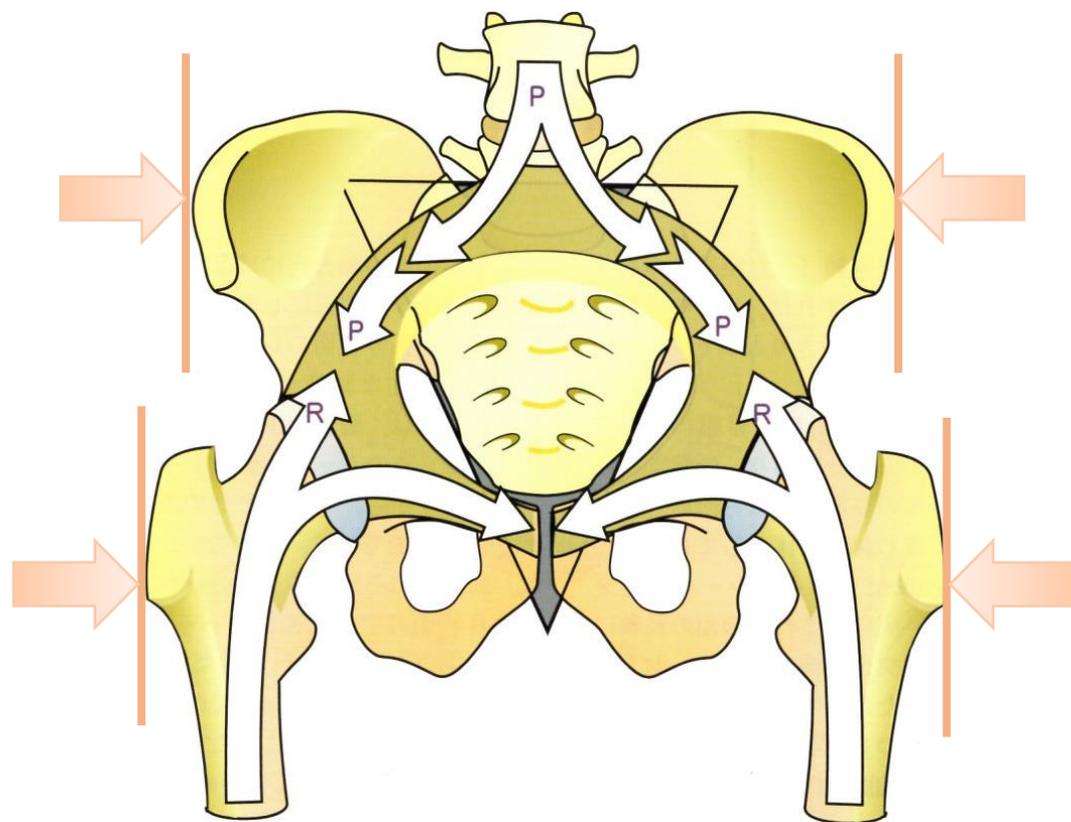


『整復美容手技』

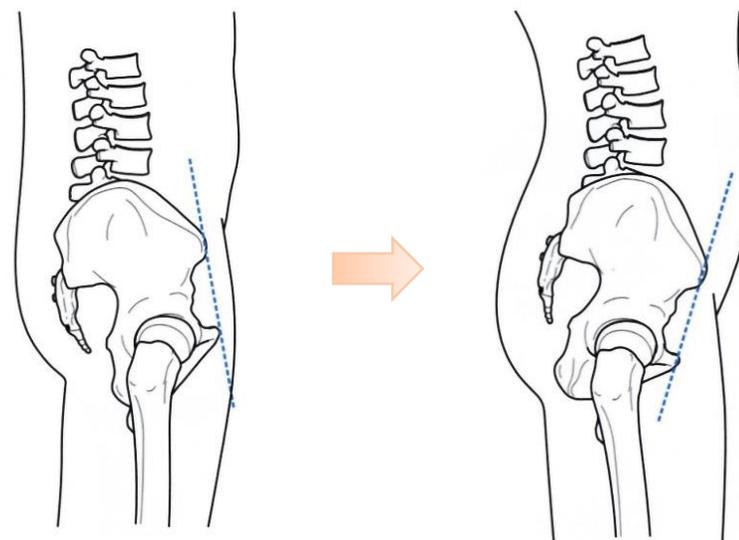
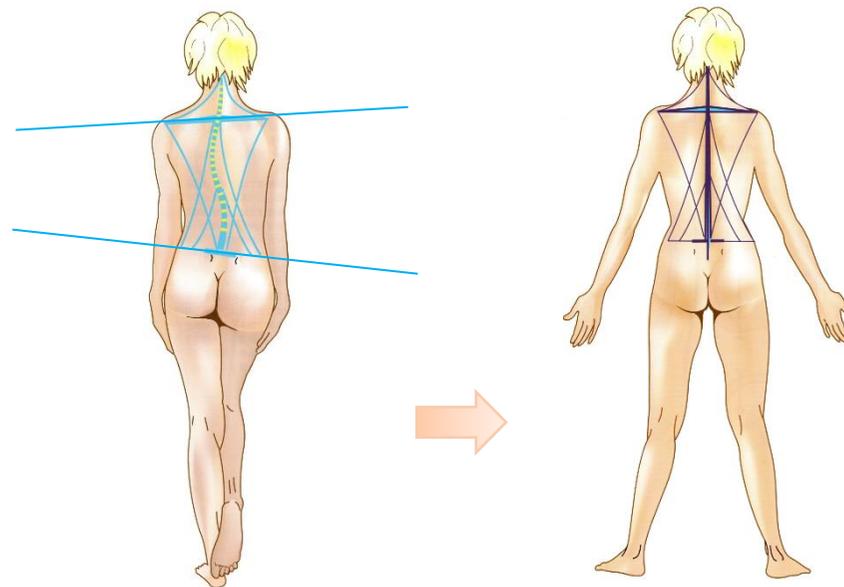
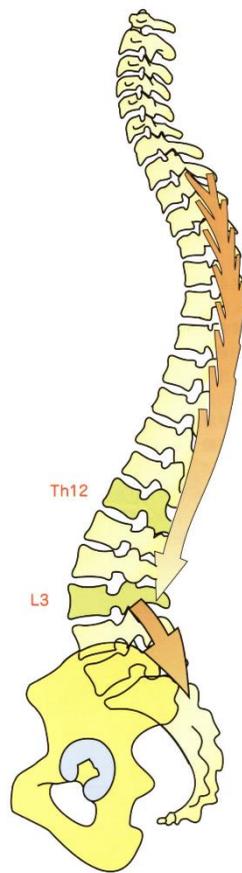
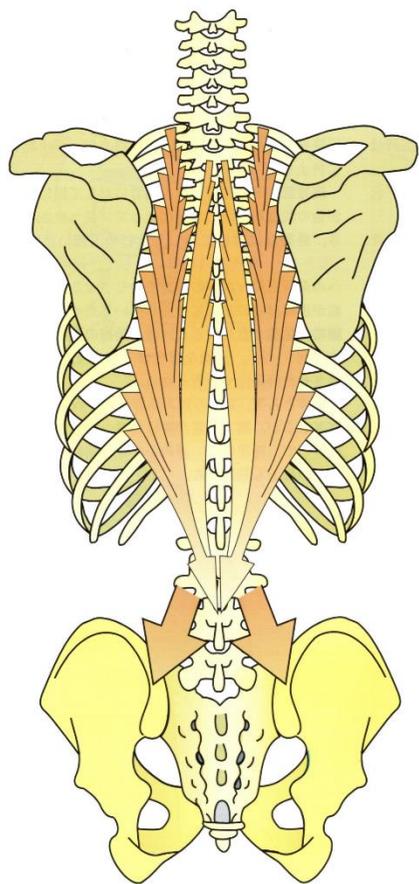
①完全整復法 骨盤（骨盤矯正編）

1. 骨盤整復の目的

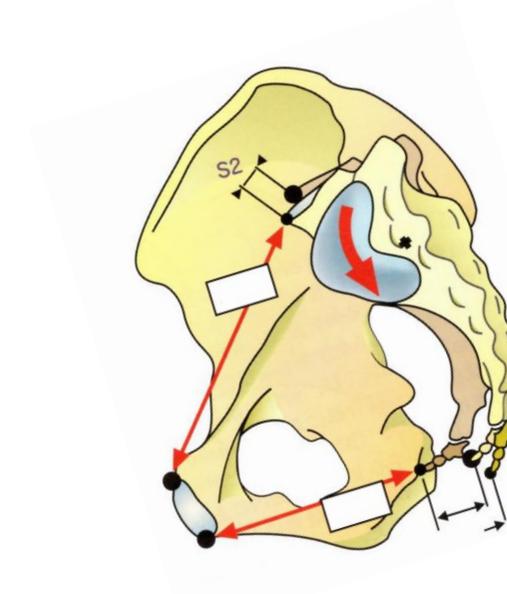
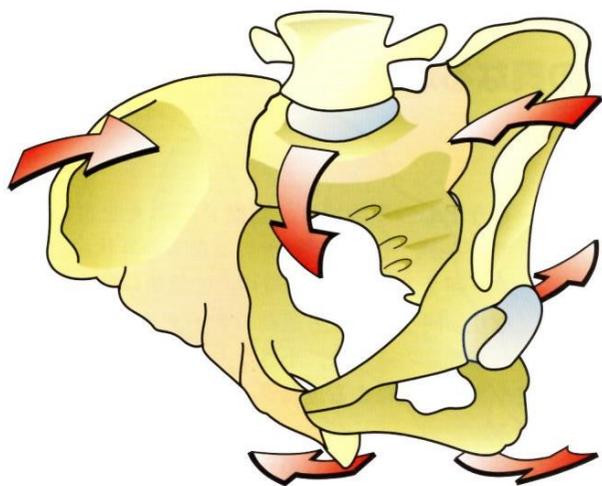
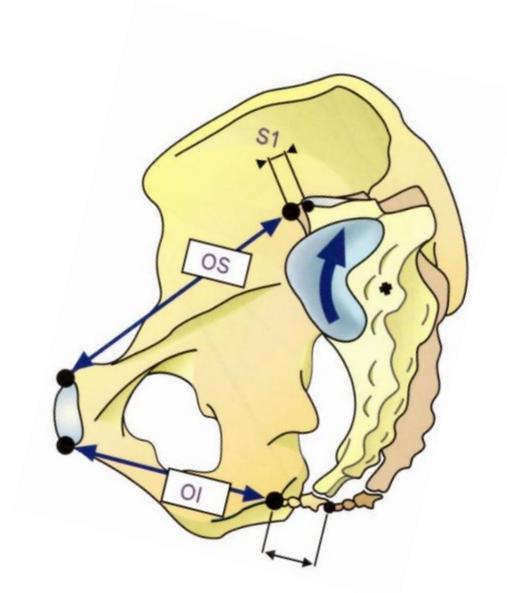
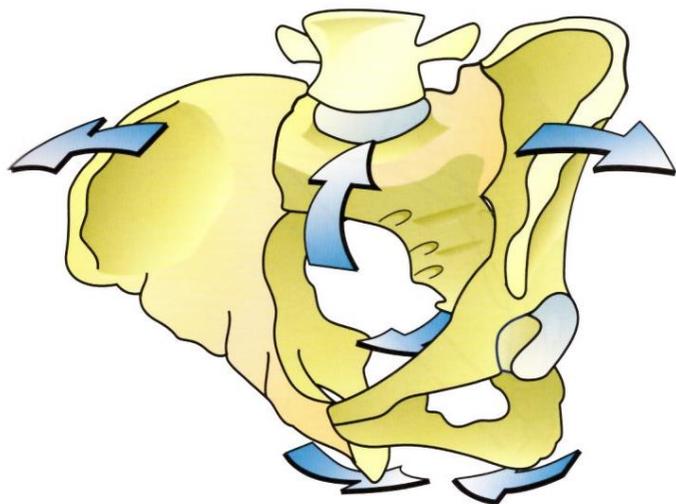


土台の安定

2. 骨盤整復の効果



3. 骨盤傾斜と仙腸関節

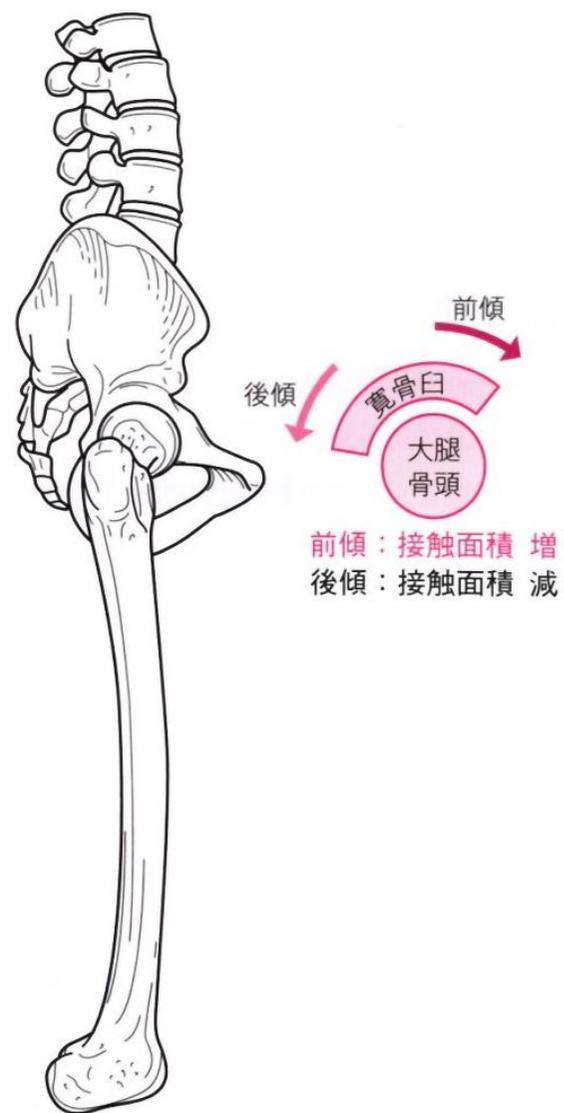
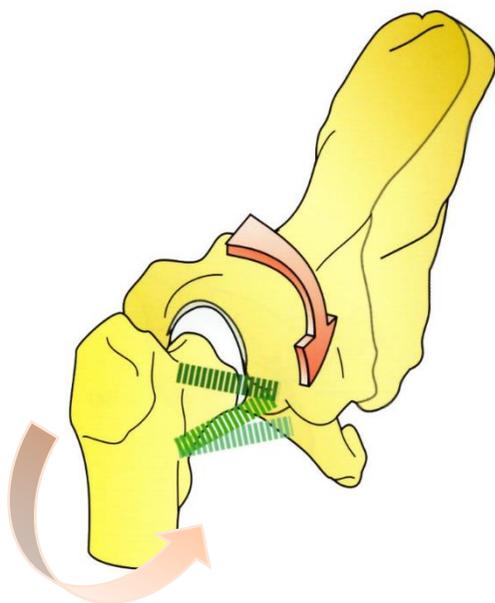


4. 骨盤傾斜と股関節

骨盤後傾

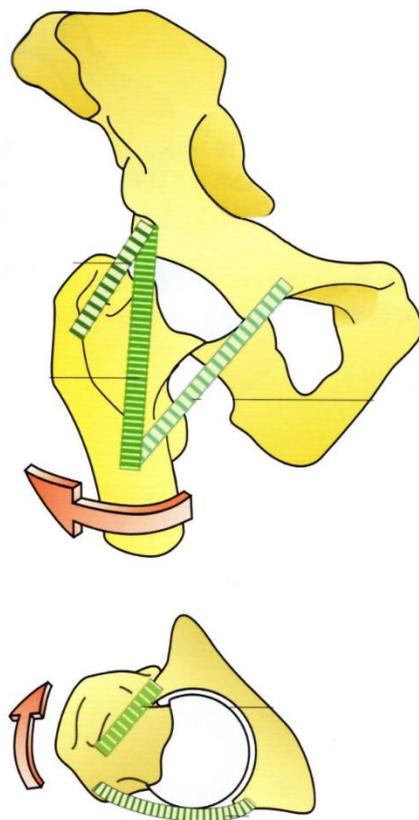


骨盤前傾

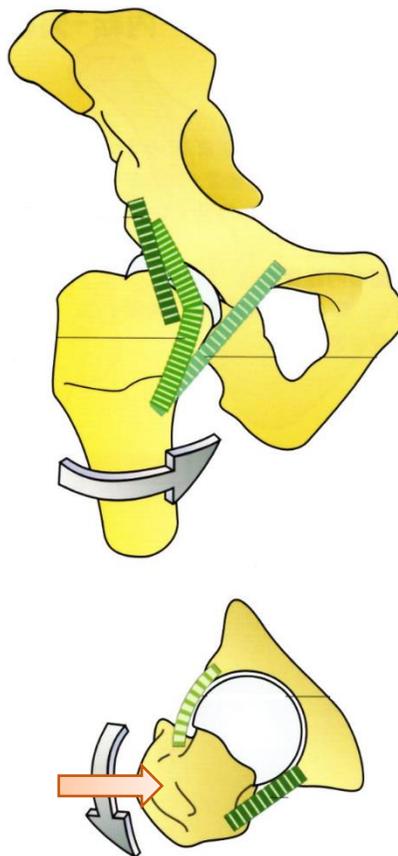


5. 股関節の機能特徴

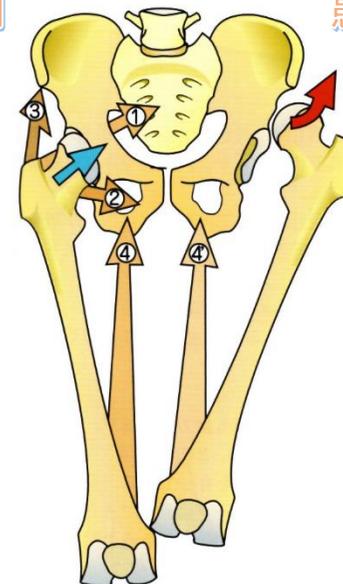
股関節外旋



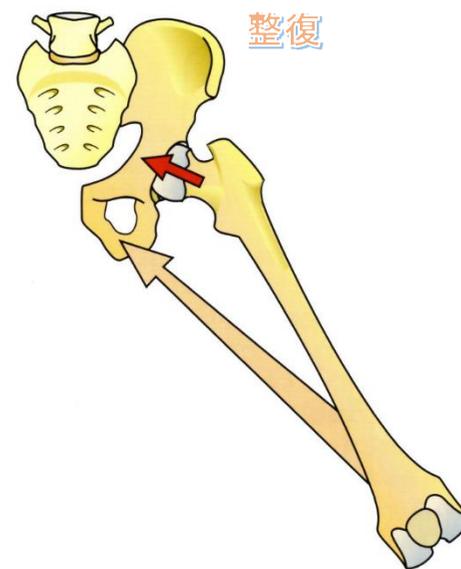
股関節内旋



健側 患側



整復



6. 骨盤傾斜と下肢機能連鎖

①骨盤

②股関節

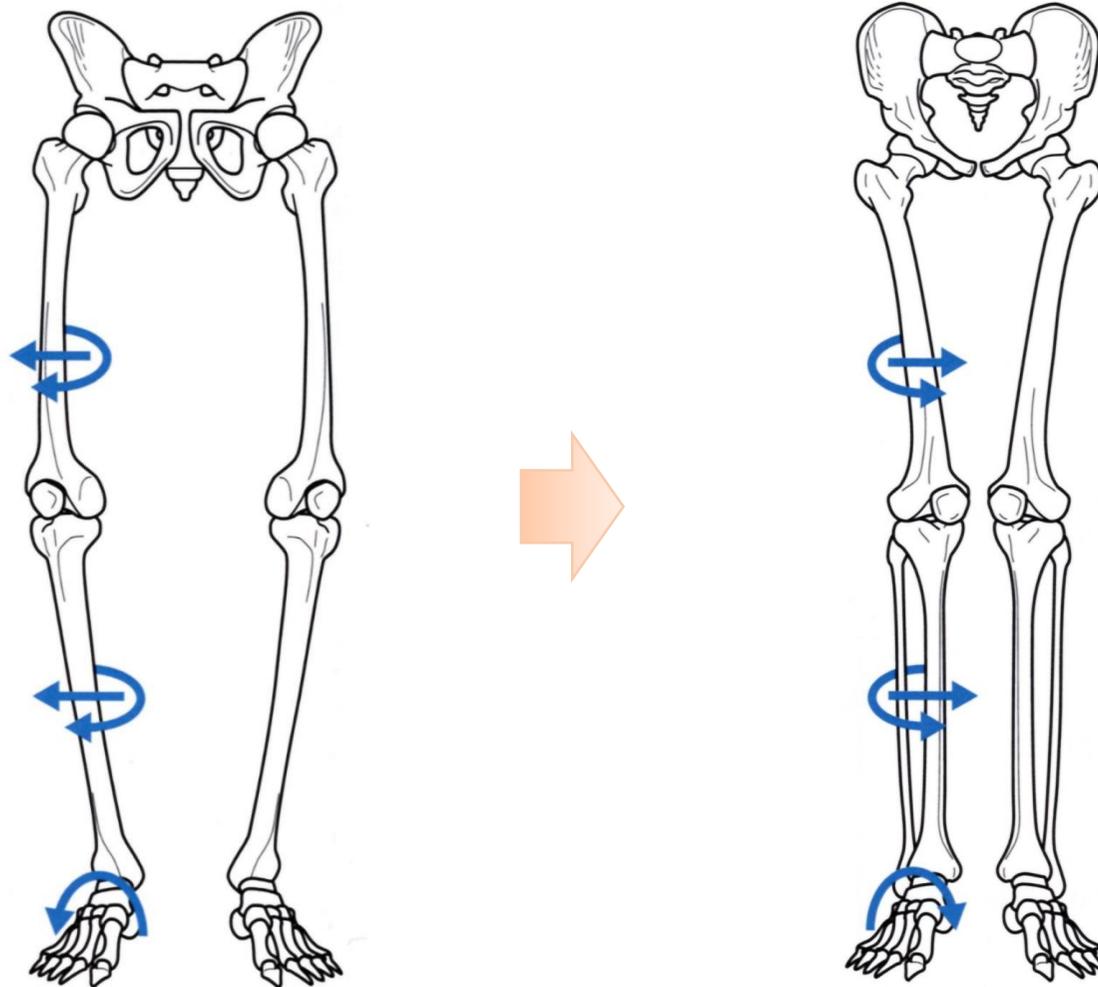
③大腿部

④膝関節

⑤脛骨/腓骨

⑥足関節

⑦足根骨



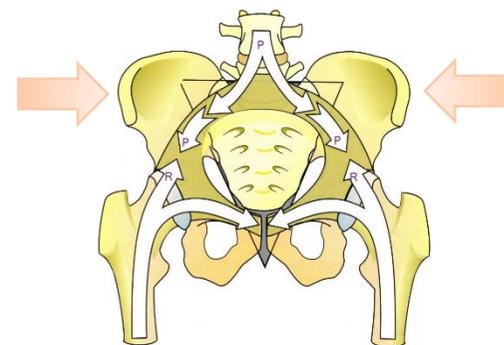
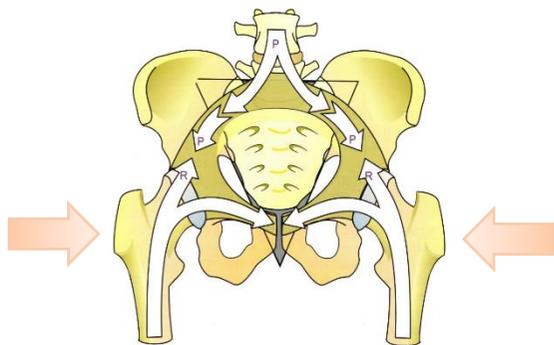
7. 骨盤完全整復法の「主要2手技」



①股関節整復法



②仙腸関節整復法



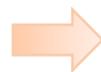
before/after 検査法→立位接触+その場足踏み重心確認

中間検査法→側臥位で大転子接触

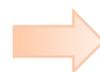
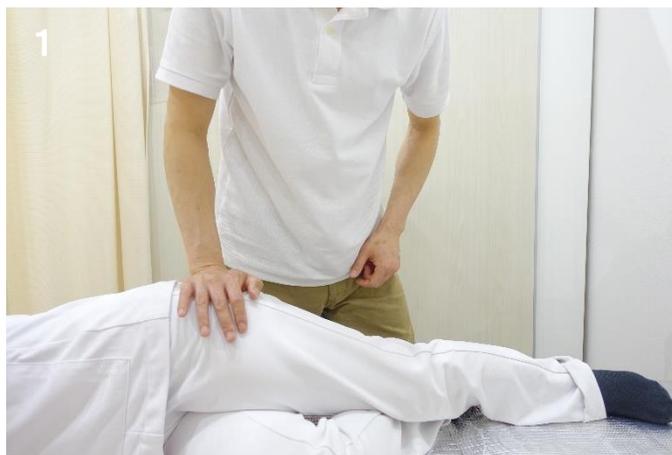


中間検査法→伏臥位で筋力検査

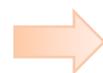
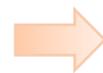
①股関節整復 step1. set up (安定肢位を作る)



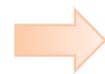
①股関節整復 step2. 内旋押圧法+牽引法（骨頭を正しい位置に整復する）



①股関節整復 step3. 外転整復法（骨頭を深く入れる）



①股関節整復 step4. 最大内旋法（骨頭の入る深さを、どんどん深くする）



②仙腸関節整復 step1. set up (安定肢位を作る)



②仙腸関節整復 step2. 整復（仙腸関節を締め、骨盤前傾を作る）



8. その他、補助整復法

仙骨整復法（後傾/前傾）

股関節回転整復法

大腿部筋膜整復法

膝関節内旋整復法（他動/自動）

腓骨押圧整復法、拳上整復法

足関節整復法

足根骨ア一手整復法